

# Meerendal Mountain Bike Trails

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Starting Point  
Durbanville  
Western Cape Province  
South Africa

Last Review: Thursday, 14th March 2019



Start at the wine farm buildings along a track meandering gently uphill before it descends onto the first stretch of singletrack down the 'Mineshaft' and across a small plateau. Then climb the zigzag 'Stairway to Heaven', while having great fun attempting to stay on the concrete slabs. The climb is short and not too brutal; after cresting, continue along the flat for a further 150m, then follow the Blue arrows to your left and ride up Dorstberg. This is an average climb with some sharp turns.

At the top, you can expect some serious fun. The trail is beautifully carved, with berms and small jumps down the side of Dorstberg. Halfway down you have three route choices around a big rock drop-off and then continue on the singletrack until you find yourself back at the top of 'Stairway to Heaven'.

Keeping straight at the bottom of Dorstberg the singletrack is flat and even, requiring constant pedalling to keep momentum. Follow the signs and trail around the vineyards for another 3km, until you come to a fast downhill jeep track before you enter the last singletrack of the Gum Tree Loop. Exit the Gum Tree Loop and turn left into a series of bends through fields and vineyards. Cross a small wooden bridge, and ride around the scenic farm dam, over another wooden bridge and eventually back into the parking area.



# Tour Summary

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## Group Size

**Minimum** 0 and **Maximum of** 10 guests.

## Tour Prices (ZAR)

**Per Person:** R 1200.00

**Bicycle:** R 0.00

**Water Bottle :** R 0.00

**Helmet:** R 0.00

## Tour Schedules

No Fixed Departure Dates for this tour.

## Difficulty Level

Easy to Difficult, depending on the route selected

## Route

The trails at Meerendal Wine Farm are popular and comfortable singletrack riding, and the flat landscape makes them perfect for those in search of some endurance training, too,

Start at the wine farm buildings along a track meandering gently uphill before it descends onto the first stretch of singletrack down the 'Mineshaft' and across a small plateau. Then climb the zigzag 'Stairway to Heaven', while having great fun attempting to stay on the concrete slabs. The climb is short and not too brutal; after cresting, continue along the flat for a further 150m, then follow the Blue arrows to your left and ride up Dorstberg. This is an average climb with some sharp turns.

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