

# Welvanpas MTB Trail

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Starting Point  
Wellington & Paarl  
Western Cape Province  
South Africa

Last Review: Thursday, 14th March 2019



The routes all start and end at Welvanpas farm which is nestled between the beautiful Hawekwa and Groenberg mountain ranges near Wellington. The trails are mainly on single-track, winding through orchards, vineyards, pristine fynbos and past stunning waterfalls. The trails will take you up high onto Groenberg, before descending back down to the Kromme River. You'll have options between challenging and very steep sections or their (equally) challenging chicken runs.

The **Yellow Route** is 17km and a mere 400m ascent. Many small mountain streams crossings and a section through a pine plantation and a single-track party all over the side of the mountain. Every ounce of sweat and discomfort that you experienced on the way up will be forgotten as you crest the hill and charge over the top. No matter, if you ride it slowly or like a war hero, the trail will reward you with a ride to live in your memory for years to come.

On the way down the trail there are a couple of steep sections and a rocky drop-off, but nothing too scary. You do need to be aware that the surface has lots of tiny stones over a hard base, so it can be quite slippery at times. 8km of almost nonstop single-track takes you, via some flat farmlands, back to the finish or, you can look out for the world-famous Black Route extension to the Yellow Route and make it last longer!

At 27km, the **Black Route** has exhilarating single-track sections in the pine forest above Bainskloof and their names, Point Break, Route 66, Angel's Tears, Heaven's Gate, Super G and The Full Monty, will give you an idea of what to expect!!

With a similar finish to the Yellow (17km), it ensures you'll still enjoy the thrill of Cool Runnings and Cool Runnings Too, coming down the Bainskloof Road.

For a less strenuous ride there is a 29km "**White Route**" (yes I know the text is coloured green ) that has amazing single-track, but with less climbing, while family groups with children may like to ride the more sedate 15km **Blue Route**.

This trail can easily be combined with the [Paarl Rock Mountain Bike Trail](#) excursion. Just follow the link to the "Customise your Itinerary" page



# Tour Summary

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## Group Size

Minimum 0 and Maximum of 12 guests.

## Tour Prices (ZAR)

- Per Person: R 1200.00
- Bicycle: R 0.00
- Helmet: R 0.00
- Water Bottle: R 0.00

## Tour Schedules

No Fixed Departure Dates for this tour.

## Difficulty Level

Moderate to difficult, depending on the selected route

## Route

### WELVANPAS

The elite MTB route of Cape Town. The routes all start and end at Welvanpas farm which is nestled between the beautiful Hawekwa and Groenberg mountain ranges near Wellington. The trails are mainly on single-track, winding through orchards, vineyards, pristine fynbos and past stunning waterfalls. The trails will take you up high onto Groenberg, before descending back down to the Kromme River. You'll have options between challenging and very steep sections or their (equally) challenging chicken runs.

The **Yellow Route** is 17km and a mere 400m ascent. Many small mountain streams crossings and a section through a pine plantation and a single-track party all over the side of the mountain. The **Black Route extension** to the Yellow Route and make it last longer! This 27km route has exhilarating single-track sections in the pine forest above Bainskloof and their names, Point Break, Route 66, Angel's Tears, Heaven's Gate, Super G and The Full Monty, will give you an idea of what to expect!! With a similar finish to the Yellow (17km), it ensures you'll still enjoy the thrill of Cool Runnings and Cool Runnings Too, coming down the Bainskloof Road. For a less strenuous ride there is a 29km **White Route** that has amazing single-track, but with less climbing, while family groups with children may like to ride the more sedate 15km **Blue Route**.

### PAARLROCK...

The Paarl Mountain Nature Reserve, with its giant granite boulders dating back more than 500 million years, provides a spectacular backdrop to this enjoyable MTB ride. Leisure cruising on good dirt roads with a gentle gradient makes this trail suitable for the whole family.

Starting at the entrance to the Paarl Nature Reserve, various options from 4km to 20km are on offer providing leisurely riding on good dirt roads with a gentle gradient. Various circular loops offer great views of the Boland mountains and across False Bay towards Cape Point in the distance. The trail takes you right up to the Afrikaanse Taal Monument, the Victoria Dam and Paarl Rock. In winter, the waterfalls are pumping and the dams full, but expect the roads to be dusty on dry summer days

